

British Stammering Association

Nottingham Open Day



The British
Stammering
Association

www.stammering.org



‘SKILLS FOR LIFE, WORK... AND PLAY!’

Saturday October 22nd 2011

10am - 4.30pm.

(International Stammering Awareness Day)

The event is open to all who stammer, family, friends and colleagues, speech and language therapists, SLT students and other professionals interested in stammering.

A mix of workshops complementing the theme of the day will include mindfulness, assertiveness, open forum, self help.

There will also be a ‘Question and Answer Panel’ and an ‘Open Mic’ session.

Venue:

County Hall, Rufford Suite
Nottinghamshire County Council
Loughborough Road,
West Bridgford
Nottingham
NG2 7QP



County Hall, Nottingham

Keynote speakers include:

- > Vic Gilgeous
- > Mary Bird
- > Norbert Lieckfeldt - BSA Chief Executive

For further information and to confirm your booking, please contact David Preece - Tel: **0115 927 1025**, or by email: **info@nottinghamselfhelpgroupforstammerers.co.uk**

Both the BSA and the ‘Nottingham self help group for stammerers’ look forward to welcoming everyone to this event.

www.nottinghamselfhelpgroupforstammerers.co.uk

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Nottinghamshire
Community
Foundation

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A mix of workshops complementing the theme of the day will include **mindfulness, assertiveness, open forum, self help**. There will also be a 'Question and Answer Panel' and an 'Open Mic' session. Lunch will be provided, (to include a donation), and refreshment breaks.

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HOW TO GET TO COUNTY HALL

This five-storey building, with a distinctive green tiled roof, is situated approximately 100 metres from Trent Bridge on the southern bank of the river Trent, south of the city centre and directly opposite the Trent Bridge cricket ground.

By train

Nottingham Railway Station is a 25 minute walk from County Hall. Many bus services run from outside the station to Trent Bridge. The stops are 50 metres from the main station exit - turn right onto Carrington Street where the stops are outside a row of shops. Ask for **“Trent Bridge, please”**, (a chance for speech practice...) and ring the bell as the bus crosses the river and get off at the next stop. Taxis are also available from the rank outside the station entrance. Journey time is 5-10 minutes and a taxi fare is around £5.

By car

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Nottinghamshire County Council
Loughborough Road, West Bridgford, Nottingham, NG2 7QP

County Hall is on the A60, Loughborough Road, south of the city centre. There is designated free parking on site, which is signed as you drive into the main entrance from Loughborough Road.